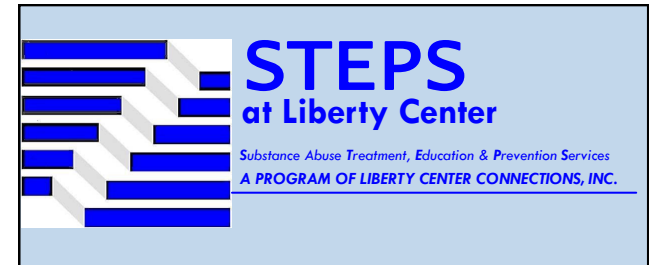


INSIGHT

Help is available!



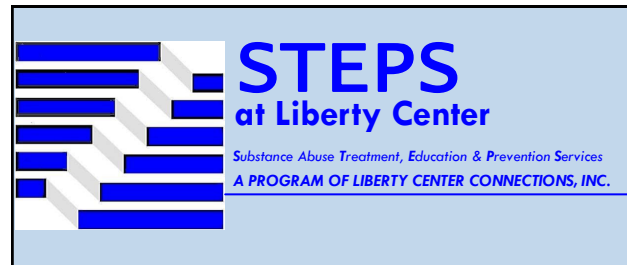
Quick Reference

If you are a parent or guardian who is concerned about drug, alcohol, or tobacco use of an adolescent close to you, help is available. Follow these simple steps:

1. **Call** STEPS at 330 264-8498
2. **Explain** that you need to register for INSIGHT
3. **Set up** a time for an intake interview
4. **Attend** scheduled education sessions for adolescent and parents
5. **Attend** an exit interview with program staff
6. **Follow through** on recommendations for additional intervention, if needed

Don't Delay!

Call
Today!



OFFICE LOCATIONS

Wooster: 104 Spink St., Wooster, OH 44691
Millersburg: 34C S. Clay St., Millersburg, OH 44654
www.stepsatlibertycenter.org

INSIGHT

A Program for
Our Youth



Programs are held in the historic, Gault Liberty Center, 104 Spink Street, Wooster, OH 44691

Tel: 330-264-8498 Wayne County

Tel: 330-674-1020 Holmes County

www.stepsatlibertycenter.org

INSIGHT

Insight is an 8 hour, early intervention program for youth who violate school policy, receive an alcohol or other drug (AoD) related charge through juvenile court, or have any other negative experience with AoD. The program serves adolescents in grades 7-12 and is designed to accomplish two objectives:

Education – Participants will learn about the physical, emotional, family, vocational, achievement, and legal consequences of AoD use.

Personal – Participants are guided through an examination of their own alcohol or drug use. Patterns of thoughts, feelings, behaviors, and pressures are explored so they may understand this process and learn to make better choices.

Schedule – Usually monthly. See www.stepsatlibertycenter.org for details and upcoming dates.

Fees

The fee for the program is \$100.00, payable no later than the first scheduled appointment. Checks can be made out to:

Liberty Center Connections or LCC.

*Please note: the fee is non-refundable.

The Program

Intake Interview

The intake interview is an informal meeting with the parent or guardian and the youth to gather information about the nature of the referral. The youth will complete testing that will be explained at the exit interview.

The INSIGHT Class

INSIGHT is held from 8:30 a.m. to 11:30 a.m. on two consecutive Saturdays each month. Class size is no smaller than five and no larger than twelve. If there are not enough registrants in a particular month, the class may be postponed until the following month. Teens may bring snacks and drinks.

Some of the topics discussed include, but are not limited to: physical, mental, emotional effects of AoD use; negative consequences; the addiction process; differences between abuse and dependence; family dynamics in relation to use; and healthy choices.

Exit Interview

The final interview will summarize the experience with the parent or guardian and the youth. Test results and recommendations are discussed.

Parents/Guardians

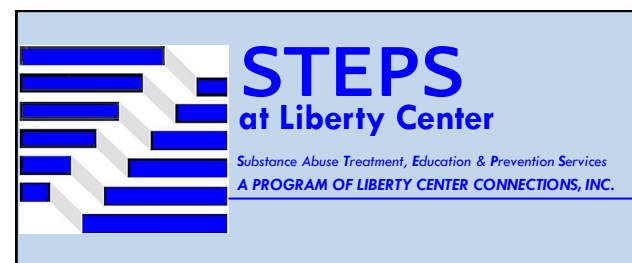
Parents are required to attend a 2 hour Parent Meeting in which they will be provided with valuable information about AoD, the effects of AoD, and suggestions for intervention. This meeting is very beneficial and can help ensure the safety and well-being of their child. The Parent Meeting is usually held at 7-9:00 p.m. on the Tuesday before the first Saturday INSIGHT class.

No-use Commitment

It is important to note that **NO** mood-altering chemicals (unless prescribed by a physician) may be used on the day of the INSIGHT program. If any participant is suspected of using alcohol or another drug they will be asked to leave the program at their expense.



Programs are held in the historic, Gault Liberty Center, 104 Spink Street, Wooster, OH 44691



104 Spink St.
Wooster, OH 44691

Phone: 330-264-8498
Fax: 330-264-3777

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